

Pop Tab Donations

Collecting aluminum pop tabs is a fun and easy way to support the families staying at Ronald McDonald Houses. Tabs are recycled, and the funds help families right here in the DMV area.



How it Works

1) Become an Ambassador

Ask your family, friends, school, church, or company to collect tabs with you.

2) Collect Pop Tabs

Save the tabs from every aluminum can in a container (coffee can, milk jug, bag, etc.).

3) Donate Your Tabs

Drop them off at one of our two Ronald McDonald House locations:

- **Washington, DC** — near Children's National Hospital
- **Northern Virginia** — on the campus of Inova L.J. Murphy Children's Hospital

Every tab helps a family stay close.

Every small act adds up.



**Ronald
McDonald
House®**

Washington DC

ronaldmcdonaldhousedc.org/poptabs

